



"Pocket" Drug List – 2012

Dear Member,

ProCare Rx's **Pocket Drug List** is a continuously reviewed list of drugs that best represents the current clinical judgment of our providers and other experts in the diagnosis and treatment of different diseases. The full drug list contains additional prescribing and clinical information that assists in promoting the highest quality affordable care to you, our patient. This sheet, with perforated punch-out cards, identifies which commonly prescribed drugs your physician should prescribe when ordering your prescription drugs through our program. Simply punch these cards out to carry with you to your physician, and present them to your physician when your prescription is being written.

To make use of this Pocket Drug List very simple, the preferred drugs are listed by clinical category. *Note that only a few clinical categories require use of a preferred drug* – most other categories not listed below do not generally differentiate preferred vs. non-preferred drugs and are usually offered to you at your lower brand copy with some exceptions. **Covered generic drugs are given preferred status and will be dispensed whenever possible regardless of the clinical category.** All strengths of a drug listed on the Pocket Drug List are considered preferred unless noted although your specific pharmacy benefit plan may impose restrictions or choose not to cover some drugs listed.

The listing on the next panel provides the clinical category, therapeutic class and the preferred drug(s) within each class. Note that two small pocket formulary cards have been included in the third panel for your convenience to punch out and carry in your wallet as necessary.

This Pocket Drug List is subject to change. Please visit www.procarerx.com to print the most up-to-date document. Click on "**Publications**", and look under "**National Preferred Drug List**" to find the current pocket formulary document.

For additional punch-out cards, please contact your benefits office or the Call Center at **800-699-3542**

CLINICAL CATEGORY	DRUG CLASS	PREFERRED DRUG
ADD/ADHD Agents	ADD / ADHD	Generics, Adderall XR, Daytrana, Intuniv, Kapvay, Vyvanse
Alzheimer's Agents	All Agents	Generics, Aricept 23 Only
Antibiotics	All Orals Ear Antibiotics	ALL Generics, Avelox Flxoin OTIC Singles
Anticonvulsants	All Classes	Generics, Lamictal XR/ODT, Lyrica
Anti-Depressants	SSRI Other Classes	Generics Only Generics Only
Anti-Diabetic Agents	Insulins Oral Anti-Diabetics Anti-Diabetics, Other Monitors, Strips & Kits	Novolin, Novolog, Lantus, Levemir, Apidra Actos Family, Januvia/Janumet, Onglyza / Kombiglyze, Prandin/Prandimet Byetta, Symlin/Pen, Victoza, Bydureon Accu-Chek (Active, Aviva), TRUETrack
Anti-Inflammatory / Analgesic Agents	COX-II / Others / Fibromyalgia	Celebrex / Flector, Lidoderm, Voltaren Gel Lyrica
Anti-Migraine	Triptans / Others	Maxalt/MLT, Relpax, Treximet / Cambia
Anti-Parkinson's	All Classes	Generics, Azilect, Mirapex ER, Requip XL
Blood Modifiers	Platelet Aggregators Anticoagulants	Plavix*, Aggrenox Pradaxa, Warfarin
Cardiovascular Agents	ACE Inhibitors / Others ARBs (including w/HCTZ) ARBs –CCB Combo Beta-blockers / Combinations Calcium Channel Blockers Statins / Other Lipid Reduction Agents	Generics / Nitrolingual Benicar/HCT, Diovan/HCT*, Generics Azor, Exforge/Tekturma/Temalko, Valturna Generics / Coreg CR Generics Only Generics, Lipitor*, Crestor / Tricor Niaspan, Welchol, Zetia, Lovaza
Contraceptives	Oral Contraceptive Packs	Generics, Beyaz, Natazia, Yaz, Safyral,
HRT Agents	Estrogens / Combinations Progestins /Androgens	Vivelle DOT, Menest, Enjuvia, Evamist, Estraderm, Climara Pro Prometrium / Androgel
Gastrointestinal Agents	Anti-Ulcer & PPIs Bowel & Colon Agents	Generics, Prilosec OTC, Prevacid 24HR Nexium, Dexilant Amitiza, Asacol/HD, Apriso, Nu/HalfLyte
Impotency Drugs	Erectile Dysfunction	Viagra*, Levitra
Ophthalmics	Antibiotics / Allergy Glaucoma Anti-Inflammatory / Combo	Generics, Zymaxid / Generics Only Generics Alphagan P, Comigan / Lumigan
Osteoporosis	Bisphosphonates Other Classes	Generics, Boniva Miacalcin
Psychotropics	Anti-Psychotics (Atypicals)	Generics, Seroquel XR, Geodon, Saphris, Latuda
Respiratory Agents	Oral Non-Sedating /Others Nasal Allergic Rhinitis Inhalers, Antiinflammatory Combo Corticosteroids Asthma, Bronchodilators / COPD Agents Devices/Anaphylaxis Agents	OTC Products / Singulair Astepro, Nasonex, Veramyst Asmanex, Flovent/HFA, Pulmicort, Qvar Advair/HFA / Symbicort, Arcapta ProAir HFA, Proventil HFA, Foradil, Serevent / Perforomist, Spiriva Easivent, Epipen (All)
Sedatives	Sleeping Agents	Generics, Lunesta
Topical Skin Agents	Immunosuppressant / Others Anti-Fungal/ Antibiotic Dermatologic / Wound Care	Generics, Protopic / Taclonex, Tazorac OTC Agents, Generics, Lamisil / Altanax Generics, Benzaclin / Generics
Urological	Benign Prostate Hyperplasia Urologic Agents	Generics, Avodart, Jalyn, Rapaflo Generics, Detrol/LA, Sanctura XR, Toviaz

* Preferred until multiple generics are available

Please punch out the cards at right to keep in your wallet and show to your physician as necessary upon getting a written prescription.

Call Center: 800-699-3542

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ADD/ADHD	ADD / ADHD	Generics, Adderall XR, Daytrana, Intuniv, Kapvay, Vyvanse
Alzheimer's	All Classes	Generics, Aricept 23 Only
Antibiotics	All Orals	ALL Generics, Avelox
Anti-Convulsants	All Classes	Generics, Lamictal XR/ODT, Lyrica
Anti-Depressants	SSRI / Other Classes	Generics Only / Generics Only
Anti-Diabetic Agents	Insulins Oral Anti-Diabetics Anti-Diabetics, Other Monitors, Strips & Kits	Novolin, Novolog, Lantus, Levemir, Apidra Actos Family, Glyset, Januvia/Janumet, Onglyza/Kombiglyze, Prandin/Prandimet Byetta, Symlin/Pen, Victoza, Bydureon Accu-chek (Aviva, Active), TRUETrack
Anti-Inflammatory	COX-II/ Others / Fibromyalgia	Celebrex / Flector, Lidoderm, Voltaren Gel Lyrica
Anti-Migraine	Triptans / Other	Maxalt/MLT, Relpax, Treximet / Cambia
Anti-Parkinson's	All Classes	Generics, Azilect, Mirapex ER, Requip XL
USE GENERICS WHENEVER POSSIBLE		
Blood Modifiers	All Classes	Plavix*, Aggrenox, Pradaxa, Warfarin
Cardiovascular Agents	ACE Inhibitors / Others ARBs / Combo Beta-Blockers / Combo Statins / Other Lipid Reduction Agents	Generics / Nitrolingual Generics, Benicar/HCT, Diovan/HCT* Azor, Exforge/Tekturma/Tekalmo, Valturna Generics / Coreg CR Generics, Lipitor*, Crestor / Tricor, Lovaza, Niaspan ER, Zetia, Welchol
Contraceptives	O/C Packs / Others	Generics, Beyaz, Natazia, Yaz, Safyral
HRT Agents	Estrogens Progestins / Androgens	Vivelle DOT, Menest, Enjuvia, Evamist, Estraderm, Climara Pro Prometrium / Androgel
Gastrointestinal	Anti-Ulcer & PPIs Bowel & Colon Agents	Generics, Prilosec OTC, Prevacid 24HR Nexium, Dexilant Amitiza, Asacol/HD, Apriso, Nu/HalfLyte
Ophthalmics	Antibiotics / Allergy Glaucoma Anti-Inflammatory / Other	Generics, Zymaxid / Generics Only Generics Alphagan P, Comigan, Lumigan

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Impotency	P-5 Inhibitors	Viagra, Levitra
Osteoporosis	Bisphosphonates Other Classes	Generics, Boniva Miacalcin
Psychotropics	Anti-Psychotics (Atypicals)	Generics, Seroquel XR, Geodon, Saphris, Latuda
Respiratory Agents	Oral Non-Sedating /Others Nasal Allergic Rhinitis Inhalers, Anti-Inflammatory Combo Corticosteroids Asthma, Bronchodilators COPD Agents Devices/Anaphylaxis Aqts	OTC Products / Singulair Aslepro, Nasonex, Veramyst Asmanex, Flovent/HFA, Pulmicort, Qvar Advair/HFA, Symbicort, Arcapta ProAir HFA, Proventil HFA, Foradil, Serevent Perforomist Spiriva Easivent, Epipen (All)
Sedatives	Sleeping Agents	Generics, Lunesta
Topical Skin Agents	Immunosuppressant/Other Anti-Fungal / Antibiotics Dermatologic/Wound Care	Generics, Protopic / Taclonex, Tazorac OTC Agents, Generics, Lamisil / Alltabax Generics, Benzaclin / Generics
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PLAN BENEFIT DESIGN MAY OVERRIDE FORMULARY COVERAGE

NOTE: Generic products are always preferred for dispensing if allowed by the plan's benefit design. Additionally, drug categories not specifically mentioned on this card should be considered "preferred" if included for coverage. If you have any questions, please contact:

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Major Product Changes for this Quarter

Top Drugs Added as Preferred (Tier 2):

Migraines: **Cambia** (Nautilus)

Top Drugs Moved to Non-Preferred (Tier 3):

Alzheimers: **Namenda** (Generic Alternatives)
 Depression: **Lexapro** (Generic Alternatives)
Pristiq (Generic Alternatives)
Effexor XR (Generic Now Available)
 Cardiovascular (Heart): **Bystolic** (Generic Alternatives)
Multaq (Generic Alternatives)

Upcoming Generic Releases (2012):

Multiple Generic Source Release (Price Drops)

Anti-Psychotic: **Seroquel IR** (March)
 High Cholesterol: **Lipitor, Caduet** (May)
 Antiplatelet/Stroke: **Plavix** (May)
 Anti-Psychotic: **Zyprexa/Zyprexa Zydys** (April)

New Generics:

Cardiovascular (Heart): **Avapro, Avalide** (March)
Atacand/Atacand HCT (March)
 Parkinsons: **Stalevo** (April)
 Allergies: **Xyzal** (May)
 High Cholesterol: **Lescol/Lescol XL** (June)
 Pain: **Ryzolt** (June)
 Migraines: **Maxalt/MLT** (June)
 Allergies: **Clarinet/Clarinet-D** (July)
 Asthma/Allergies: **Singulair** (August)
 Diabetes: **Actos** (August)
 Respiratory/COPD: **Xopenex** (August)

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 Suite 100
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